

MC Investment Group, LLC RELEASE OF LIABILITY

For and in consideration of MC Investment Group, LLC, giving me permission to enter on and use the exercise equipment, services and the facilities of MC Investment Group, LLC, I the undersigned, hereby agree to the following:

1. The exercise equipment and the facilities of MC Investment Group, LLC , may be used only (a) by persons 18 years of age or older, or (b) by persons under the age of 18 years with the express consent of a parent or guardian. By my initials placed on the space provided below, I:

\_\_\_\_\_A. Represent that I am 18 years of age or older, that I am physically able to undertake the physical exercise available at MC Investment Group, LLC, and that I have not been advised by any physicians not to participate in activities like those available at MC Investment Group, LLC, for any reason, including pregnancy.

\_\_\_\_\_B. Represent that I am the parent or legal guardian of the guest identified below (minor guest) and am qualified to enter into this agreement and make the waivers contained herein on behalf of the minor guest, that the minor guest not been advised by a physician not to participate in activities like that available at MC Investment Group LLC, for any reason, including pregnancy.

2. I, the client, am aware that I am engaging in physical exercise classes, programs or workshops offered by MC Investment Group LLC, and its instructors during which I will receive information and instruction about health and fitness. I recognize that fitness programs require physical exertion and the use of training equipment and instruction that many be strenuous and may cause physical injury. I am voluntarily participating in these activities and am fully aware of the risks and hazards involved. I understand that all reasonable efforts will be made to ensure my physical safety. I understand that the equipment can be dangerous if used improperly and I will follow the strict instructions given by my instructor with respect to all of the equipment used.

3. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the exercise classes, programs or workshops. I represent and warrant that I am physically fit and I have no medical condition that would prevent my full participation in the exercise classes, health programs or workshops.

4. If I am or become pregnant, I will be required to notify my instructor, and am required to present a physician's release before participating in this class. I agree to only engage in exercise classes at MC Investment Group LLC, until twelve weeks pregnant, and to stop participation until I am no longer pregnant.

5. I understand that I have the opportunity to inspect to my full satisfaction the exercise equipment and facilities. I UNDERSTAND THAT MC INVESTMENT GROUP, LLS, HAS MADE ABSOLUTELY NO WARRANTIES, EXPRESS OR IMPLIED, WITH REFERENCE TO THE EQUIPMENT OR FACILITIES AT MC INVESTMENT GROUP, LLC.

6. I understand that there are inherent and other risks involved in the use of the services, treatments and equipment, and in the exercise activities available at MC Investment Group, LLC. I represent and agree that I freely assume those risks, injuries, or damages, known or unknown, upon entering the premises, using the exercise equipment, and/or any of the facilities of MC Investment Group, LLC. I knowingly, voluntarily, and expressly waive any claim I may have against MC Investment Group, LLC, and its instructors for injury or damages that I may sustain as a result of participating in the program.

7. I hereby release, remise and forever discharge and agree to save and hold harmless and indemnify MC Investment Group, LLC, its respective officers, directors, shareholders, employees, servants and agents of and from all liability, claims, demands, causes of action and possible causes of action whatsoever arising out of or related to any loss, injury (including death) that I may sustain to my person or to my property, FROM ANY CAUSE WHATSOEVER INCLUDING NEGLIGENCE OF MC INVESTMENT GROUP, LLC, OR IT'S EMPLOYEES, DURING OR IN CONNECTION WITH USE OF MC INVESTMENT GROUP, LLC, WHETHER THE SAME BE KNOW OR UNKNOWN, ANTICIPATED OR NOT.

8. I intend the release, discharge and indemnity contained herein to bind me, my heirs, my next of kin, and my person representatives.

9. I have read the policy online and understand all late fees, penalties, and early termination charges in regard to contracts. I agree to for any fees accrued.

I HAVE READ AND UNDERSTAND THIS STATEMENT AND I AGREE TO ALL THE CONDITIONS STATED IN IT. THIS STATEMENT CONTAINS A RELEASE OF LIABILITY. PLEASE READ CAREFULLY BEFORE SIGNING!!

\_\_\_\_\_ FULL NAME (please print clearly)

\_\_\_\_\_ SIGNATURE DATE

\_\_\_\_\_ GUARDIAN SIGNATURE (if under 18)

DATE

\_\_\_\_\_ EMERGENCY CONTACT PHONE